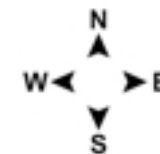




**GULF SHORES &  
ORANGE BEACH**  
Sports Commission

## OB6: Flora-Bama | Four Mile Route to the Pass & Back



### DIRECTIONS

#### Start & Finish Line

- Start on Beach Blvd in front of the Flora-Bama
- Out-and-Back Course to Perdido Pass & Back
  
- Runners use north most west bound run & bike lanes of Beach Blvd to Perdido Pass
- Runners loop under the Perdido Pass Bridge, taking a right on the north side of the east foot of the bridge
- Continue on loop under the bridge
- Merge back onto Beach Blvd on the south side of the east foot of bridge
- Follow Beach Blvd east back to the Flora-Bama to finish in the same location as the start
- Runners use southmost east bound run & bike lanes on Beach Blvd on the return to the Flora-Bama

**Online Map Link:** <http://www.gmap-pedometer.com/?r=7329961>



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ORANGE BEACH**  
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### *Course Details*

#### COURSE DIRECTIONS

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#### COURSE VOLUNTEER NEEDS

- AID STATION near Mile 1 and Mile 3 (will need to set up on south & north sides of Beach Blvd to get runners going out and back)
- Turning runners off Beach Blvd right onto Caribe Way under the Pass
- AID STATION at curve going under the Pass
- Turning runners from under the Pass right onto Beach Blvd

#### COURSE POLICE / CITY NEEDS

- Closures at Flora-Bama Entrance
- Cones to push runners to north most west Bound Lanes
- Cones to push runners to south most east Bound Lanes when exiting from under Perdido Pass
- Police at Flora-Bama Closure
- Police warning cars coming east bound off the Perdido Pass where runners re-enter Beach Blvd

**Police Required = 2; Aid Station = 2** with minimum 2 volunteers for 250&Under | 4 for over 250; **Minimum Course Direction = 2**